

NERO SWIMSKIN.

THINGS YOU SHOULD KNOW FOR WEARING AND CARING.

The NERO has to be the world's most advanced swimskin for pool and open water. The suit takes its performance from using materials and designs that have never before been used in the pool and open water environment. With this in mind, it would be wise to read on and note the hints and tips to getting the most from your suit.

FIRST GLANCE AND FEEL

At first glance you will notice how different this material is from traditional swimsuit fabrics. The nero fabric is a three layer composite material combining Nylon, Limestone-derived Chloroprene and a third SCS skin top layer. This composite makes the suit impervious to water and gives the suit a "fish skin" feel.

PUTTING THE SUIT ON

The suit should be dry before proceeding.

FEET

The best way to place over the feet is by using a plastic bag. Yes, we know; all that technology and you will be best suited using a plastic bag! A plastic bag on your feet will allow the suit to slip over the foot easier than over skin alone.

TIP 1*

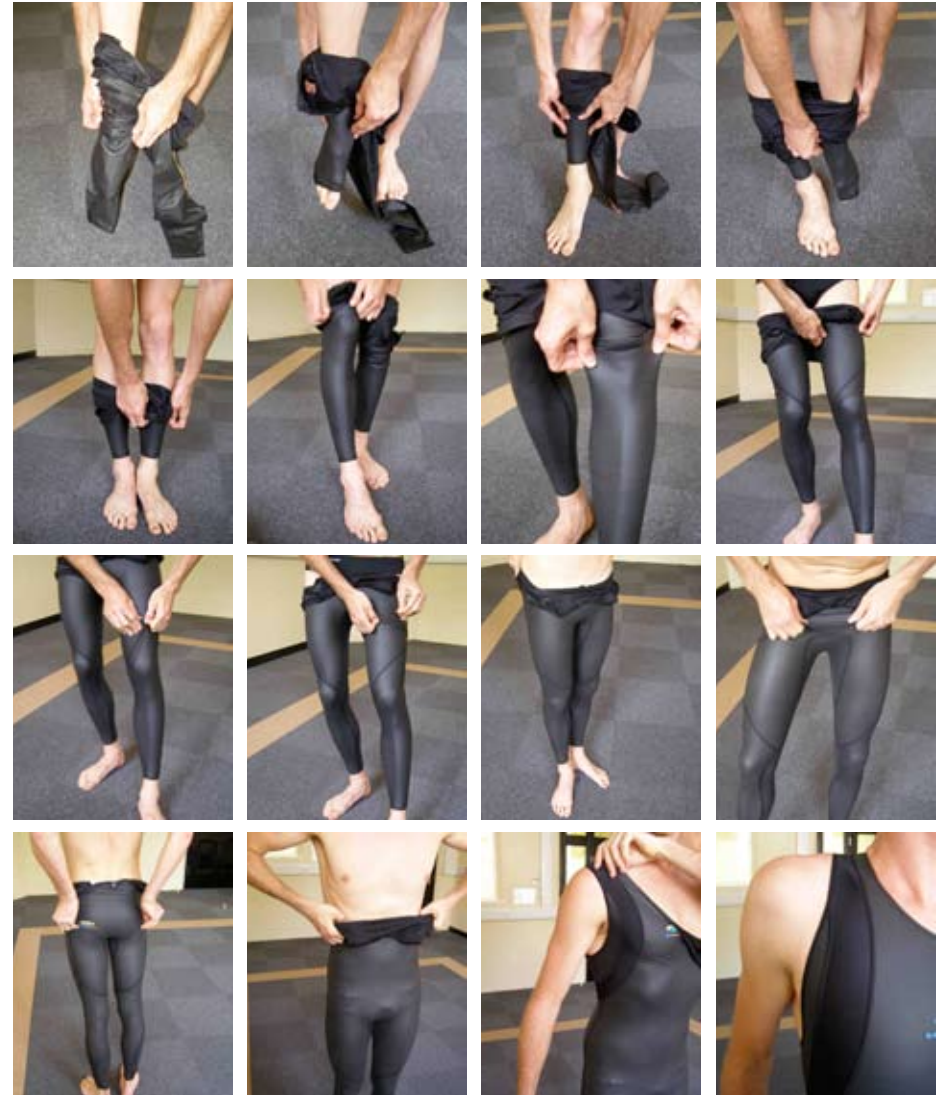
When taking the suit over the foot, DO NOT gather the fabric up to pull the majority of the leg over the foot in one go. Instead, feed the full leg over the foot a couple of inches at a time.

LEGS

Work the suit up the lower leg and over the knee using a couple of inches of fabric at a time. Make sure your nails do not pull on the surface and cut the fabric or stitching.

TIP 2*

Always move the fabric around the body using your finger tips and not nails. Nails will pierce the fabric and create holes in it.



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After working the suit over the knee you will find yourself in a mermaid type position (legs together) until you have the suit up to your crotch. Movement will be restricted and friends at this point can make fun of you and you are powerless to react.

Work the suit up to the groin area a few inches at a time and once high in the groin try the following:

Bend and bring your leg in front of you. Hold the fabric behind your knee that has gathered. Take this fabric and again, a few inches at a time, work this up the leg.

TORSO AND SHOULDERS

With the suit sitting high in the groin work the lower torso up the body several inches using again only your fingertips.

TIP 3*

Never at this point pull up both straps at the same time. Straighten out one strap and carefully put your arm through it. Once you have one strap in place, straighten it and pull on the other strap. Repeat straightening for the second arm.

Have someone adjust the back of the suit so it is straight and flat against your back. Have them zip up the suit. At this point you should bend over as if to touch your toes, then look around your belly and take a hold of any fabric that has gathered and stand up taking the spare fabric. Pull this up the body while working any fabric up through the torso to the shoulders. This will allow a better fit and reduce any tightness from groin to shoulders.

At this point, the best advice we can give before you start swimming in the nero, is to get the suit wet with you in it. Having the suit wet will allow you to move to a second stage of fitting. Once in the pool and the suit is wet, get out of the water. Adjust the suit from the ankles, up again to the crotch and up the body. A wet swimskin will conform better to the body and create an improved seal between the skin and suit as well as making it easier to stretch in and bend over.

OVERALL FIT

The suit is designed for swimmers to wear it tightly, but please note that wearing a suit too small or too tight will cause stresses to fabrics and threads that will not be covered by any form of warranty to damage replacement.

